

How To Breathe

Through the ebb, through the flow
Seasons come and seasons go
Open sea and cloudy skies
Watching days and nights go by

Distant dots and distant lights
I've got to take my own advice
When everything seems out of reach
Footprints are fading on the beach

I've been floating here too long
Drowning slowly underneath
Now I'm swimming, on and on
I remember how to breathe
I remember how to breathe

Weary eyes and failing hands
No back up plan or second chance
Far away from the shore
The tide is rising more and more

Flotsam, jetsam, wreckage
Sinking in their watery graves
Ancient bottles but no message
Pushed and pulled by threatening waves

I've been floating here too long
Drowning slowly underneath
Now I'm swimming on and on
I remember how to breathe
I remember how to breathe

Left the storm, left the rain
It's going to be a brighter day
I'm not afraid to be free
Brand new soul inside of me

I've been floating here too long
Drowning slowly underneath
Now I'm swimming on and on
I remember how to breathe
I remember how to breathe

I remember how to breathe
I remember how to breathe

